Jeanay Johnson, UUC's Ministerial Intern

Truth Is…

Truth is, no one likes to hear the truth. Especially when it challenges the stories we've inherited, the histories we've been taught, or the comfort we've come to know.

Yet what happens when we begin to question what has been left out, altered, or forgotten? How do we reconcile the histories that shaped us with the responsibility we carry today?

Inspired by an original poem written in 2021, Truth Is... explores the relationship between historical truth, personal accountability, compassion, and healing. Together, we'll consider what it means to confront uncomfortable truths without becoming consumed by guilt or defensiveness, and how honest reflection can open possibilities for understanding, connection, and meaningful change.

Perhaps healing begins not when we turn away from what is difficult, but when we find the courage to face it.

Our Vision: An inclusive religious community, a beacon for reason, meaning and bold social action.
Our Mission: To celebrate dignity and respect for all, nurture lifelong spiritual growth, act for justice and equality, and serve the wider community.

Prelude	Played by Roger McCormick
Welcome	Michael Kahn
Tingsha	
Anthem	"A Song for Thanksgiving" Dr. Susan Robinson and the UUC Chorale
Call to Worship	"For What Shall We Give Thanks?" by Laura Horton-Ludwig Delivered by Michael Kahn

Chalice Lighting "The Abundance of Our Lives Together"
Written by Katie Sivani Gelfand
Delivered by Michael Kahn

We light our chalice as a symbol of gratitude
as we celebrate the abundance of our lives together.

In this sanctuary we harvest bushels of strength for one another,
and offer our crop with the hands of compassion and generosity.

In the authentic and gentle manner of our connections,
we cultivate a simple sweetness to brighten our spirits.

May we be grateful for the ways we nourish and uplift each other,
For it is the sharing of this hallowed time together that sustains us.

Story for All Ages Lori Thorn

Singing the children to the classroom Hymn #414 "As You Leave This Friendly Place"

Joys and Sorrows

Hymn #99 "Nobody Knows the Trouble I've Seen"

Sermon

Jeanay Johnson
Truth Is…

Hymn #1017 "Building a New Way"

Offertory

Extinguishing the Chalice

"Go in peace, go making peace, live gently, love mightily and bow to the mystery"

Postlude: "Piano Blues #1"
by Aaron Copland
Played by Roger McCormick

Our Grateful Thanks:

Worship Associate: Michael Kahn; **Service Technical Support**: Phil Brown, Jeremy Dillow, Rich Cann, David Feick; **Zoom Host:** Linda Stoller; **UUC Choir:** Barbara Bedingfield, Matt Bouchie, Rich Cann, Linda Carroll, Sharis Coleman-Derr; Gretchen Craig, Anne DiNatale, Elyse Fenstermaker, Jocelyn Ganoza, Pan Godchaux, Amy Hagemeier, Sue Hand, Ed Kraemer, Chris Parliman, Bruce Peller, Donna Polhamus, Susie Safford, Yukika (Yuka) Takayama, Bryon West; **Slides and Video:** Margie Manning and Jeremy Dillow; **Visuals:** Ana "Soledad" Vaquer; **Staff**: Anne Gilbert, Campus Administrator; Jeanay Johnson, Ministerial Intern; Rev. Amy Kindred, Developmental Minister; Roger McCormick, Pianist; Dr. Susan Robinson, Choral Conductor, Zoraida Santana, Custodian; Gary Strauss, Security Guard; Lori Thorn, Lifelong Learning; Barb Tobin, Lifelong Learning; Eric Williamson, Handyperson; Dale Zwick, Bookkeeper; **Pastoral Associates**: Bill Foley, Pan Godchaux, Eloise Hardman, Kathy Krohn

SUNDAY FLOWER DONATIONS

If you would like to supply the flowers for an upcoming Sunday service in honor of a special event or person in your life, please email Ana **"Soledad"** Vaquer at soledad.globalre@gmail.com**.** She will help you coordinate your contribution.

Hymn #414 "As You Leave This Friendly Place"

As you leave this friendly place,
love give light to ev'ry face;
may the kindness which you learn
light your hearts till you return.

Hymn #99 "Nobody Knows the Trouble I've Seen"

(Chorus)
Nobody knows the trouble I've seen,
nobody knows my sorrow.
Nobody knows the trouble I've seen,
glory, hallelujah!

Sometimes I'm up, sometimes I'm down, oh, yes, Lord!
Sometimes I'm almost to the ground, oh, yes, Lord! (Chorus)

Although you see me going 'long so, oh, yes, Lord!
I have my troubles here below, oh, yes, Lord! (Chorus)

One day when I was walking 'long, oh, yes, Lord!
The heavens broke and love came down, oh, yes, Lord! (Chorus)

Hymn #1017 "Building a New Way"

We are building a new way.
We are building a new way.
We are building a new way,
feeling stronger ev'ry day,
We are building a new way.

We are working to be free.
We are working to be free.
We are working to be free,
hate and greed and jealousy.
We are working to be free.

We can feed our every need.
We can feed our ev'ry need.
We can feed our ev'ry need,
Start with love, that is the seed.
We can feed our every need.

Peace and freedom is our cry.
Peace and freedom is our cry.
Peace and freedom is our cry,
Without these this world will die.
Peace and freedom is our cry.