



**What Summer Brings
Small Group Ministry**

by SGM Co-Coordinator, Dez Papendorp

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July has been a happening month for Small Group Ministry (SGM) at the Unitarian Universalist Church of Chattanooga! Two Sunday services have been inspired from and lead by the Kikimas (see photo) and It's a gUUy Thing SGM groups. (Thank you and way to go!) Plus, the summer Steering Team has met several times working toward planning the August Facilitator Training Day which will be offered at our church on Saturday, August 21 from 1-4 pm and working toward fall SGM sign-ups, which will kick off on August 29 with a service focused on how Small Group Ministry has impacted church folks in surprising ways. Our Steering Team this summer is possible due to the dedicated work of Linda Parks, Bob Barnhart, Elaine Watkins, Wendy Sapp, Heather Simmons Alexander, Linda Helton, Nicole Barnhart and me. If you care about building group relationships here at our church, thank these people. I feel blessed to know them and share this important endeavor alongside them.

Here are a couple of quotes from SGM 2009-10 participants. When asked what has being involved in SGM meant to you? One person responded by saying, "It is a highlight of my month. The one time I am allowed to be free of all obligations and truly be fully present and alive in the moment... It's so comforting and so genuine." Another participant stated, "Getting to know the ...[people] and learn about their lives and hearing their thoughts makes me feel closer to the church, since my belief is that the church IS people." More testimonial insights and an overview of how SGM has gone this first year at UUCC will be covered in service on August 29.

If you can envision yourself being an active part of this dynamic group program, then please attend our annual summer **Facilitator Training Day on Saturday, August 21st from 1-4pm at the church.** We will supply a fun atmosphere centered on why facilitating is crucial role in making Small Group Ministry a success. Please *contact Wendy Sapp or Dez Papendorp* for further information and to let us know you plan on attending. We want to have adequate supplies before training starts; so a heads up is helpful.

My final joy to share is Wendy Sapp is now Co-Coordinating the Small Group Ministry program with me. As coordinators of the program, we try to make learning about what SGM is and how to best participate easier for everyone involved. With Wendy's assistance, I see only blue skies ahead. Her gifts, which are many, will engender a smoother, stronger program for all those who give it an honest try this year. Thank you, Wendy, for working towards increasing the vitality and structure of our Small Group Ministry program. We are fortunate to have you.

[RETURN TO UUCC
HOMEPAGE](#)

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SUNDAY SERVICES ♦ 11:00 AM

AUGUST 1 ♦ *POLITICS, RELIGION AND ABOUT THAT SUMMER BREAK*

The best seller, *Eat, Pray, Love*, by Elizabeth Gilbert, ask several times, “What is really important in life?” Duncan Teague will share how this summer he has been the Volunteer Coordinator for a political campaign to fill a county commission seat in the heart of Atlanta. As the author Gilbert explored through travel the important big questions, this summer’s exhausting and exciting foray into politics and community has been a journey of discovery for Teague.

AUGUST 8 ♦ *IT’S ABOUT TIME!*

Time is that most precious of gifts -- the ultimate sine qua non commodity. We’ll spend some time exploring time, from its roles in the popular song to our concepts about time, to how we use the time we are given. John Standridge speaking.

AUGUST 15 ♦ *VOICES FROM GENERAL ASSEMBLY*

Delegates in Minneapolis wrestled with what we witness to and how we do it. The 2012 General Assembly will be held in Phoenix as planned but it will not be business as usual. We go to Phoenix with a justice agenda. Delegates committed to a lot; what needs to be done won’t happen unless members of our churches and communities join in the effort.

Also, we welcome back Rev. Jim Philpott for some unfinished business. The thank-you gift we promised him on his last Sunday with us will be presented at the end of the service.

AUGUST 22 ♦ *I’M BAAAAAACK!*

This service will focus on the texture in our lives. The Rev. Jeff Briere will preach about the texture he found while on sabbatical.

AUGUST 29 ♦ *SMALL GROUP MINISTRIES*

Margaret Mead once said, “Never doubt that a small group of thoughtful, committed citizens can change the world.” And then she added, “Indeed, it is the only thing that ever has.” The small group ministries in our church will not eradicate hunger, raise high school graduation rates or solve the red state-blue state divide, but they are working to change their little corner of the world. And they enjoy their time together. This service will introduce the small group ministries in our church and after the service, you may register to join one of the groups if you wish.

WHO’S PREACHING?

Duncan E. Teague, former lay minister, has served the Unitarian Universalist Congregation of Atlanta (UUCA) since 2004 and as Seminarian-in-Residence during the academic year of 2010. He is a guest speaker at UU churches and diverse faith communities. Teague is a community leader with more than twenty years in HIV/AIDS education and research. He is currently a third year Masters of Divinity student at Candler School of Theology, Emory University. Teague wed longtime companion, David Thurman of Decatur, GA, “under the care” of the Atlanta Friends' Meeting in October 2003. They celebrated their first anniversary by legally marrying in Toronto, Ontario, Canada.

SUNDAY FORUMS

The Forum meets downstairs in the last room on the left at 9:30 am. All are welcome to attend.

Aug. 1 ~ *The Insanity Defense and Forensic Psychology*. We will explore the relevance of mental health problems to criminal behavior and the challenges of assessing competence to stand trial and mental condition at the time of the crime. Ken Nickerson, Ph.D Clinical and Forensic Psychologist in part time practice and a longtime Unitarian Universalist (UU) will lead us in this discussion.

Aug. 8 ~ *The Tennessee Judicial Circuit*. We will be looking at the ins and outs of our justice system. Attorney Charles Corn, a longtime UU, served as a public defender in Bradley County for eleven year before retiring. He will discuss his understanding of and experience with our justice system.

Aug. 15 ~ *The Importance of Story Telling*. Through the ages, knowledge and history have been passed from one generation to another through the art of story telling. Maurine Olin, our in-house storyteller, will discuss why this communication was and still is important. We may hope to hear a couple of stories.

Aug. 22 ~ *Depart with Dignity*. The high cost of final expenses and funeral industry practices will be discussed. We will explore laws and alternative ways to have a respectful service that meets your wishes. Our topic leader is Marion Nentwig, past president of the Funeral Consumers Alliance, and a long time friend of many UUs.

Aug. 29 ~ *The Economics of Medicine*. Last year Dr. Alan Larson, longtime member spoke with the full church about the high cost of medicine and the reasons that drive this cost. This day he will offer his views on the new health care plan and what it may mean to us as consumers.

PAGAN NUUS

August

- 1 – Lughnasadh
- 1 – 9:30 am - Study Group - Discordianism presented by Jesse Blue
- 10 – 3:08 am - New Moon
- 24 – 5:05 pm - Full Moon



Lughnasadh is the first of the three harvest Sabbats. It is also known as Lammas and is a time to give thanks to the God and Goddess for all that they have brought to us thus far. The Goddess is still pregnant with the future harvests and is honored and revered as the new mother. This is the time of year for rededication, or rekindling, of sacred fires. This is the time to be thankful for all that you have.

QUIET, PLEASE

When you arrive at church on Sunday morning, please keep your voice at a moderate or low level. Sound easily penetrates the wall dividing the sanctuary from the fellowship area and it disturbs those who arrive early for Connections. Even moderate conversation, when multiplied several times, intrudes on the quiet, reflective atmosphere that we try to establish for Connections. Thanks for your help in making Sunday a rewarding experience for everyone.

The articles in *the nUUsletter* are representative of the diverse and varied opinions and beliefs of the members of the Unitarian Universalist Church of Chattanooga (UUCC).

THE INTERDEPENDENT WEB
by Steve Hollingsworth

Our Mission is to promote excellence in human endeavor, to develop human resources, to help people achieve success regardless of religion, gender, caste, geographic origin by giving hope to those who may have none.

~ North South Foundation, "About Us"

Genius is one percent inspiration, ninety-nine percent perspiration.

~ Thomas Edison

For eight days recently I stayed in the Chicago suburbs with my friend of nearly forty years, Ratnam Chitturi. We have worked for the same boss twice and have been entrepreneurs together. Out of different cultural and religious backgrounds, our spiritual paths now run in sight of one another. We are together apart, so to speak.

Ratnam's spacious house functions rather like a monastery and the impression is strengthened by the work habits of the master of the house. He usually begins his workday by 7am and generally calls it a day after 11pm. As I suspected, with no distractions and such behavior to emulate, I was able to make breakthrough progress on a project where, working remotely, I'd simply spun my wheels..

Although I had a few early clues, I could not have predicted how much Ratnam would commit his life to *karma yoga*. Any yoga discipline offers a path that integrates one's whole life in a spiritual place. Karma yoga is the offering of actions and thoughts—work in a word—as divine worship.

Nor could I have anticipated the extraordinary impact he has already had on many thousands of individuals. His North South Foundation (NSF), founded in 1989, has grown to have chapters in more than 80 cities across the US. It gives 800 scholarships a year to poor children in India. Perhaps more impressively it sponsors rigorous contests in the US in core school subjects. Most impressive of all: the 2006 National Geographic Bee winner and the last three Scripps National Spelling Bee champions (as seen on ABC TV) all came through NSF programs.

NSF looks like it is at a crossroads today. Its effectiveness is obvious; its efficiency is commendable (no paid employees). Its capabilities, though, will grow only marginally unless it begins to assume the trappings of a larger organization.

I believe in NSF and what it is doing. Henceforth if you hear I'm working in Chicago, I'm probably helping my friend.



The Kikimas, the women's Small Group Ministry Group, after their presentation of the service, "Challenges of Hearing Loss," on July 11.

GREEN SANCTUARY INITIATIVE
by Sandy Kurtz, Green Sanctuary

CROSSING THE LINE

What better nod to American patriotism could there be than to gather with folks who time and again have spoken up and been arrested for peace and justice? Over the Fourth of July, a 30th Anniversary was celebrated at Maryville College during the “Resistance for a Nuclear Free Future” gathering. Several hundred people attended from the U.S. and the world including Australia where uranium mining and a proposed radioactive waste dump is proposed on sacred indigenous tribal lands. A protest at Y-12 Nuclear Weapons Complex in Oak Ridge wrapped up the festivities.

Those of you of a certain age will remember the Cold War with its protests against nuclear weapons and calls for disarmament. In 1980, the Plowshares 8, including well-known brothers Daniel Berrigan and Father Phil Berrigan, entered the General Electric weapons factory in King of Prussia, Pennsylvania with household hammers to hit missile warhead cones ‘beating swords into plowshares and spears into pruning hooks’ as advised by Biblical prophet Isaiah. Five of the Plowshares 8 attended this reunion along with original Nukewatch and Nuclear Resister organizers. Their early work spawned many new groups including Oak Ridge Environmental Peace Alliance, Beyond Nuclear, Nuclear Information Research Services, Jonah House, Catholic Worker, Citizens for Peace in Space, and Voices for Creative Nonviolence.

Today there is still good reason to advocate, practice and/or support nonviolent direct action, civil resistance, and civil disobedience to stop nuclear power and abolish nuclear weapons. There is Federal talk of disarming, but old bombs are being updated, new nuclear research centers are being built, and the budget has increased for these purposes. The line between building nuclear weapons and producing electricity is fuzzy. Tritium is being made at Sequoyah and Watts Bar Nuclear Plants and TVA appears keen to build more nuclear plants in poor counties. Further Tennessee seems to be vying to be the nation’s radioactive waste and reprocessing state even though, according to the EPA, there is neither a solution to safe storage of radioactive waste nor any safe dose of radiation. Nuclear power is not green, clean, or just leaving its legacy of radioactive waste for future generations. We are kicking the can down the road though better options exist. Resisting is in order.

AN INVITATION TO VOLUNTEER

UU Ministry for the Earth is looking for a few good people willing to do some volunteer work. They need a Membership Recruiting Volunteer, a Volunteer Coordinator, Faith-based Content Reporters, and Researchers. For more information, go to www.uuministryforearth.org or contact Karen Urbano at karenjean@earthlink.net.

GUIDELINES FOR NONVIOLENT ACTION

Adopted for Oak Ridge Environmental Peace Alliance and derived from Gandhi’s principles of *satyagraha*, Kin’s Principles of Nonviolence, and the guidelines of base Christian communities in Latin America.

Be nonviolent in tone as well as action.

Show respect for all people; each person has a piece of the truth.

Always leave the other a face-saving way out.

In difficult moments, behave as a disciple of nonviolence.

Try to make human contact with your antagonist, meeting them on the level of your common humanity.

Do not hide anything; Tell the truth.

Be firm and unyielding in your commitment to nonviolence and your action for peace.

Be courageous.

Choose to love.

RELIGIOUS EDUCATION NUUS
by Kay McCurdy, Director of Religious Education

*Home....is where I want to be
But I guess I'm already there.
~ Talking Heads from "This Must Be the Place"*

Elevation: 4200 feet. Wildlife encounters: 4. One late night dance with a possum who crossed our path as we walked back to our cabin from Vespers. One northern water snake we escorted (from the safety of our canoe) across the lake. One broad-winged hawk flying just over our heads after we reached the summit of Little Scaly. And the never to be forgotten "snail charming" that took place during an afternoon hike. July 4-9, my daughters and I attended Religious Education (R.E.) Week at The Mountain, in Highlands, North Carolina. Before I speak further on the wonderfulness of this experience, I want to offer a very heartfelt "Thank You" to the congregation of the Unitarian Universalist Church of Chattanooga (UUCC) for allowing and encouraging me to participate.

Support, friendship and resources. That's a large part of what I found at The Mountain. Directors of Religious Education (DRE) from New Hampshire, Virginia, Illinois, Florida, Maryland, the Carolinas, Kentucky, Alabama, and Tennessee were in attendance. These were women and men with fascinating personal histories, not to mention the wisdom they collectively carried from spending years working with their congregations to build dynamic R.E. programs. The Multicultural Renaissance Module, a five day intensive workshop led by Pat Kahn (DRE at UUC Atlanta) and Jessica York (UU Association Youth Programs Director) became the centerpiece of my week. How can we truly be welcoming to all? How can we speak for those who are not present at our table? And how do we craft a program that acknowledges our differences while celebrating them as well?

In addition to our morning classes, there were afternoon workshops and porch chats and opportunities to question, question, question. And now, a confession of sorts. I made the choice to join UUCC formally five years ago (the first and only church I've joined as an adult.) I have never regretted that decision. But, in the back of my mind was a niggling feeling that I was a hold-out, a doubter, a nay-sayer. "I'm really just here for my kids. Otherwise, I'd probably just sleep in or go for a walk or enjoy hanging with my family on our own terms." I'd find myself irritated at the lack of "absolutes" in our faith, all the while knowing that those "absolutes" are what drove me out of the church of my childhood. Spending time at The Mountain (both during the February trip with our UU Kids to Youth Con, and this past trip for R.E. Week) has stirred something in me that feels solid and substantial. I am a Unitarian Universalist. Not because I feel obligated, and not because I've nothing better to do. I am a Unitarian Universalist because our faith has awakened me. After taking my place at the UUCC table, and reaching out to the the UU community at large, I feel led to take action, formulate ideas, step across boundaries. And honestly? It feels ever so much better than standing on the sidelines.

This August marks the end of my first year as your Director of Religious Education. So....what d'ya think? What would you like to see more of? Less of? How do you see yourself contributing to the children of this church? How do you see the children of this church contributing to the congregation at large? And, since I've opened this can of worms....When did **you** decide to pledge your allegiance to the UUCC? Was it there, in your heart, all along? Or, like me, did it take you a while to find your own way and make peace with it all?

UUCC RELIGIOUS EDUCATION COOPERATIVE

Fall Registration Has Begun!

Please be sure to register your child(ren) (3 years through high school) and sign up on the R.E. Volunteer Calendar (located on the bulletin board in the Fellowship Area).
Questions? Contact Kay McCurdy at dre@uuc.org

TEEN POOL PARTY!

It was a blazing hot day! The plants were wilting! But we were cool and plenty wet at the Summer Teen Pool Party held at Bonny Sinclair's backyard pool. Kate and HP had a blast shooting baskets, playing *Horse*, diving with the mask and lounging in the pool chairs. They chatted and splashed with Keefer, Bonny's teenage son, while Harold and Carmen Linn chatted with Bonny as she dried off from her frequent jumps in the pool. The screened tent kept us and the food safe from the skeeters while Dave Matthews Band, Seal, and The Vitamin String Quartet added to the ambience. Dinner was served alfresco but disappeared all too fast. It was the Memphis Original BBQ Sauce, for sure. Which reminds me--ever tried BBQed salsa?

While second helpings warmed in the oven, a game of ping pong kept us hopping. Bonny joined in when she saw Kate and HP taking on Keefer by himself. Kate and Keefer won the game and the bank shots off the fan blades kept us laughing the whole time. Now we were dry and warming up so it was inside for a round, or three, of Uno Jenga. Jenga's not tough enough, I can only remove certain pieces? After a couple of games of regular Uno, we heard the pool calling us to come back and use up the rest of the dry ice. Oh, I didn't mention that earlier? Ever seen dry ice bubbling in a floating colander in a pool? Maybe next time, when you come, you'll see for yourself what it looks like from underneath.

This was to be a farewell to Will, who started school in Atlanta a week early. Good Luck, Will, we'll miss you.

Join us again for our August Birthday Bash on August 7th, the last great Hurrah! of the Teen Summer. Look for details in the UUpdate.

A LETTER FROM YOUR PRESIDENT

by Eric Papendorp, President, Board of Trustees

Diversity and tolerance of many different beliefs is one of the greatest assets of the Unitarian Universalist church. It is what originally drew me here, and one of the many reasons that keeps me coming back for more. It would seem that our fellowship area might engender some really good jokes, "So a Buddhist, a Jew, and a Pagan were all having a cup of coffee..." I love the fact that we can all get along despite the differences in our beliefs.

However, I worry, sometimes, that we take our diversity too seriously; that we let that facet of Unitarian Universalism define us. We are so proud of our tolerance of others and our acceptance of different beliefs that we do not always focus on what unites us.

It is not our differences that make us a force for the propagation of liberal religious views, it is our commonalities. Despite our individual beliefs, it is our collective values, our Seven Principles, which make us strong. Be yourself, follow your own path, but remember to make time to find that connection with those around you.

CHIONS

On Saturday, August 14 from 10:30 to noon, the Chattanooga Institute for Noetic Sciences will present "Daily Life as Spiritual Practice," by Dr. Quinton Wacks. Spirit can only be experienced in and as the *now* of awareness. A synthesis of teachings from the east/west, of both spiritual and psychological disciplines is needed for completion and realization of our highest human potential and expression. Experiential methods using daily life as spiritual practice will be emphasized. Specifically we will work with practices that can be used each day, moment by moment, to assist us in becoming more aware of our dramas and stories and their effect on our lives. This mini-workshop will focus on the concepts/practices of Gurdjieff and Tolle, particularly that of practicing self observation and being present. Dr. Quinton Wacks is professor and program head in psychology at Lincoln Memorial University. He has also served as a 30 year instructor for UTK Department of Continuing and Non-credit Programs on psychological and spiritual topics.

40 DAYS & 40 NIGHTS

by the Rev. Jeff Briere

I am one lucky boy. Basically, for the past five months, you supported me while I took a break from ministry. I preached no sermons, counseled no congregants, had no concerns about church life.

Well, that last statement is not entirely true. I will always be concerned about the church. It's what I am called to do. But I turned down the heat and concerned myself with other things for five months.

My agreement with the congregation allows me a month of sabbatical leave for every year of service. Custom dictates that sabbaticals should not be taken piecemeal or very often, but only after several years. The purpose of a sabbatical varies with the situation. A young person with thirty years of ministry ahead might use a sabbatical to assess the future; someone with a special interest might research a topic or begin writing a book; an older minister might need some rest. In every instance, the minister and the congregation get a break from one another. This allows everyone to develop fresh perspectives and the congregation is re-energized for the future.

During this sabbatical, Kate and I traveled some. We went to Fort Lauderdale to see daughter Erin and granddaughter Shayla and we went to Philadelphia to see daughter Heather. We also took a long road trip up the Blue Ridge Parkway, around the Maritime Provinces of Canada and the Gaspé peninsula of Québec. We went to the end of the earth twice—once in Nova Scotia and once in Québec. We also went to Lake Tippecanoe, in northern Indiana, where I had my first job as a teenager. We were on the road for forty days and forty nights. It was a trip of Biblical proportions.

I learned that travel is draining. Constant movement can be sustained for awhile, but in order to appreciate anything, you must stop moving. But jumping back and forth between travel mode and appreciation mode is even more difficult than continually traveling.

I learned that you can't go home again. Actually, I knew that. The life we live can never be re-lived. The lake on which I skied when I was fourteen is not the same lake today. At Lake Tippecanoe, everything seemed so much smaller and closer together than I remembered. The driveway from the road to the house where I lived is not a quarter-mile long as I thought it was in 1962. The daughter of my first boss is not today the tanned and muscular woman I remember towering over me. I looked her in the eye. She is only six feet tall, not sixty. It was another instance of re-learning something that I learned long ago.

The best part of travel was meeting people, a pleasure aided by our membership in Servas. Our Servas friends hosted us in Maine, New Brunswick, Nova Scotia and Québec. Their hospitality and kindness made us feel welcome and a part of their world and culture. If you have plans to travel soon, and you enjoy meeting people and learning about their culture, please ask Kate or me about Servas.

I am refreshed and looking forward to the future. I am glad to be back and I am happy to be the minister at the Unitarian Universalist Church of Chattanooga. I hope you are happy to be a congregant. As always, if you'd like a word with me, call 423/667-0855 or write me at minister@uuc.org.

CALLING ALL WOWZERS!

Are you a WOWzer? Do you want to be one? WOWzers are the members of our amazing worship committee. Why WOWzers? Because they are **Working On Worship**. An organizational meeting will be held on **August 11 at 7 pm** for all current WOWzers and anyone who would like to learn more about the duties and responsibilities.

WORLD SUICIDE PREVENTION DAY

Small Group Ministry VenUUe Q will be hosting a suicide and depression prevention program open to the community on Sept. 10 and 11, 2010. These two days will be filled with information providing resources, causes, signs, and a memorial service for those who have been lost to suicide. The event has the main focus of saving a life by providing an education to the community. Our church felt the direct impact of suicide when one of our own members took her life a few years ago. Peggy Cottam was a quiet sixty-ish single woman with striking white hair whose death by her own hand was a surprise to our community. Like all senseless deaths, Peggy's death brought questions and pain to all of us.

The World Health Organization (WHO) estimates that about one million people die by suicide every year; this represents a global mortality rate of 16 per 100,000, or one death every 40 seconds. Suicide rates in many developing countries have been steadily rising in recent years. In TN, suicide ranks for the 9th leading cause of death throughout the state. Hamilton County has reported that 15,000 people die by suicide every year.

It is often asked, how can we best connect with each other in a world that appears so disconnected? We strongly believe that if our communities work towards being better connected, through sharing information, expertise and time, we can do a great deal to help those who are desperate and in need. World Suicide Prevention Day, Sept. 10, is an opportunity for all sectors of the community including the public, charitable organizations, communities, researchers, clinicians, practitioners, politicians and policy makers, volunteers, those bereaved by suicide, other interested groups and individuals. These individuals can join with the International Association for Suicide Prevention and the WHO to promote understanding about suicide and highlight effective prevention activities.

We are currently seeking help in organizing the event as well as speakers who are credible in this area and have a passion for reaching out to others. If you have additional information or would like to volunteer please contact Steve Hollingsworth (423-697-4593), Kristie McKinley (423-316-9994), or Douglas M Harper (423-503-7438).

SHARE THE PLATE

On August 8, we will Share The Plate with the Minister's Benevolence Fund. This fund is used by Rev. Jeff Briere to address needs as he becomes aware of them in the course of being our minister. Donations to this fund help our own church members as well as others.

*People know what they do
They usually know why they do it
But what they don't know
Is what what they do
Does*

~ Michael Focualt

Month	Share the Plate with	Amount Donated
July	Greater New Orleans UU	219.27
August	Ministers' Benevolence Fund	???

AUGUST BIRTHDAYS

- Lori Emerson ~ August 4
- Peggy Solomon ~ August 4
- Jesse Blue ~ August 6
- Leslie Brock ~ August 6
- David Vanderhoof ~ August 6
- Mark Simpson ~ August 7
- Hunter Davis ~ August 16
- Carmen Vanderhoof ~ August 17
- Bill Lusk ~ August 19



- Yvonne Derrickson ~ August 23
- Eric Papendorp ~ August 23
- Bill Wynot ~ August 23
- Susan Kennedy ~ August 26
- Sarah Faulkenberry ~ August 27
- Karen Kimbell ~ August 27
- tom kunesh ~ August 28
- Isabella Vanderhoof ~ August 28
- Marian Kern ~ August 31

MUSIC NUUS
a note from Kate Briere

Hi, everyone! Yes, I am back refreshed and ready to begin the coming musical year!

While on our travels through the Maritime Provinces in Canada, I heard wonderful music everywhere. In restaurants, town gatherings, céilidhs (social gatherings for the sharing of traditional tunes, dancing, and storytelling, sort of like our coffeehouses), on the streets, markets....everyone was playing, singing and experiencing a joy that comes from sharing music. It all inspired me to return with a desire to create a culture where music is a cooperative venture.

This is an invitation to everyone to come and join the music program at the Unitarian Universalist Church of Chattanooga. Pianists, musicians, singers, lovers of music...all can play a part in our musical world. Whether you sing or play or just enjoy listening to music, your contribution is extremely important to the maintenance and growth of our programs. The choir will be starting rehearsals **Sunday, August 15, at 9:30** in the sanctuary. We will be preparing music for the Ingathering and Water communion on September 12. If you have any questions or want to know how you can help support our music program, please email or call Kate Briere.

SINGING MEDITATION WORKSHOP

A Singing Meditation workshop will be held at the Unitarian Universalist Church of Chattanooga September 24-25, 2010. The cost is \$40 and you may register by calling the office or using the online form at www.uuc.org. The Friday night session is free and open to the public.

What is Singing Meditation? Singing Meditation is an interfaith spiritual practice that combines singing with group observation of silence. The repertoire is inter-faith: Jewish, Christian, Sufi, earth-based, Hindu, Buddhist and others. The goal is to sing a song enough times that its vibrations sink deep into the soul of the participants. Not all of the songs used in Singing Meditation are slow and contemplative. Many are high energy and joyful. Percussion instruments are played.

The goal of Singing Meditation is to help the participants reach a place inside themselves where they can connect with the Divine, their Inner Core, the Spirit of Life. Joy and contemplation, song and silence, are splendid combinations for this purpose.

Visit www.singingmeditation.com to learn more. You can listen to sample songs and find links to YouTube videos at this site.

Who would Be Interested in Singing Meditation? This approach to transformative worship is an excellent alternative ministry that will especially appeal to those interested in non-traditional worship, interfaith practices, group connection, and an outreach to the larger community.

Who Should Attend? This workshop would be helpful to choir leaders and music directors as well as singers or writers who wish to deepen their spiritual connections through music.

Where and When? September 24 and 25, 2010 at the Unitarian Universalist Church of Chattanooga. Call 423-667-0840 or 423-667-0855 for detailed directions.

Who Are the Workshop Leaders? Ruthie Rosauer was inspired to lead Singing Meditation when she heard "Taizé singing" at the Findhorn Community in Scotland in 1998. She has led Singing Meditation groups since 2004. Helen Gierke has been a professional musician and music teacher for 35 years. She has worked in a wide variety of churches, synagogues, and schools with choral and instrumental groups, as well as teaching privately. Ruthie and Helen will be joined by Liz Hill. Liz is the co-author of several works of fiction for young adults. After many years of not singing, she reclaimed her voice in a singing meditation led by Ruthie Rosauer.

For more information including agenda and times, visit www.uuc.org, or call Kate Briere at 423-624-8152.

JAMES OLLIE GRIGSBY

The church office received the following message that we would like to share with everyone.

I hope you're having a nice day. I'm contacting you to make sure that you and your congregation are aware that James Ollie Grigsby passed away last weekend.

I am Ollie's granddaughter Alayna and had the privilege to attend your church last October for Ollie's last birthday. I meant to email you before the funeral services but I simply ran out of time.

I did want to let you know of his passing and that I'm thankful that you and your congregation were always so warm and welcoming to Ollie. I know that UU ideals were core to his being. He told us that he wasn't sure what was in the hereafter, but he knew that God loved him and that is all that truly mattered.

He loved learning and seeking knowledge and he was a staunch defender of human equality and was a servant to mankind. I am including a poem I wrote in memoriam to Ollie that describes his life and who he was to us. (*Editor's Note: See poem below.*) I just wanted to share it with you because I know that Ollie cared about the UU community.

Regards,

Alayna

"blackberry hunter"

philosopher -
mover of pawns,
rooks sacrifice -
combs the valley
for the fruit
of human intent.

juicy tidbits
of knowledge join
your renaissance feast.

distant in reflection,
you hover at the creeks edge
bemused at ripples of wonder,
the engineers ending,
all fate deconstructed.
you leisurely ponder
the components and variables
in the spiritual rubik.
united, universal was
your service to all;
blind to color,
belief, wealth or gender.
books within books
reside in your mind.

son of the farm -
you swam the french broad
and ate turtle soup
when little became less.

pitcher of balls -

you strutted the streets,

a rooster delightfully preened.

trainer of men -
you made boys into pilots
who swarmed the sky
to defeat the fascists.

player of music -
a loving sixty four year duet
of harmonica and piano.

your legacy is life,
rich and abundant.
two became four,
four became nineteen,
nineteen become twenty nine.

you gave us love,
you gave us wisdom.
the spiritual rubik is
unsolved for us,
but you left us a clue -
God is love -
for that you knew.
we'll miss you,
dear Grandpa,
but we must rejoice.
no longer must you be in a
world without Winifred
for you have heard
the sweet call from

beyond

Ollie, Ollie.

TWENTY QUESTIONS
by the Rev. Jeff Briere

While visiting Christine Austin in Wilmot, Nova Scotia, I found a book that intrigued me: *Twenty Questions: An Introduction to Philosophy*. A college textbook, now in its seventh edition, it's divided into twenty chapters covering six broad areas of human knowledge and experience. Each chapter contains several essays on a certain question, such as, "How Should I Make (and Spend) Money?" or "How Should I Respond to Terrorism and Torture?" The essays are written by a diverse array of people such as Ani DiFranco, Aristotle, Leo Tolstoy and Malcolm X.

The idea is that after reading the chapter, you might be ready to formulate a coherent answer to the question and develop an opinion with which you are comfortable and which is supported by reflection and reason. Since Unitarian Universalists are encouraged to make up their own minds about such weighty questions, I thought it might be a good basis for twenty sermons. Stay tuned.

WEDNESDAY NIGHT IN
 August 4 at 6:30 pm

From July...Another month and another meal—this the grandest gathering thus far with 28 souls in attendance to nosh on mussels, pasta, salad and roasted tomato soup. The food was enjoyed by members, family and friends of those. A good time was had by all.



Now to August... Wolfgang Poe will dazzle us with a meal featuring the best of the summer vegetables – some of which may be provided by our members from their gardens. Signing up is essential for Wednesday Night In, as menus are prepared for the number of people on the list. We ask for a donation of only \$5 per adult and \$3 per child to defray the cost of food preparation. If you have any questions, please contact Leslie Brock.

SERVICE SCHEDULE

DATE	8/1	8/8	8/15	8/22	8/29
TOPIC	Politics, Religion, and About that Summer Break...	It's About Time!	Voices from General Assembly	He's Baaaaack!	Small Group Ministry Sunday
LEADER	Duncan Teague	John Standridge	Steve Hollingsworth	Rev. Jeff Briere	Rev. Jeff Briere
GREETERS AND USHERS	Pat Mann Carolyn Moore	Yvonne Derrickson James Joyner	Ken Nickerson Steve Sherman	Linda Helton Tim Kleve Nancy Beel	Jesse Blue Sue Knight Monique Lewis
BOARD REP	Kristie McKinley	Donna Crompton	Diane Davison	Eric Papendorp	Wolfgang Poe
MUSIC	Steve Hollingsworth	Jesse Blue and the House Band	TBA	Kate Briere	Steve Hollingsworth
SOUND REINFORCEMENT	Joshua Goldman	Buck O'Rear	Karl Hunt	Roger Davis	Catherine Long

ART ON THE WALLS

by Carol Hobbs

Our summer Art on the Walls exhibit will remain through August. Colorful Japanese-style scrolls will be displayed through August. The scrolls were created by UU members and friends who participated in a Sumi-E workshop at the church in May. Artists are Lee Adler, Nancy Anderson, Carol Hobbs, Carolyn Moore, Dez Papendorp, and Georgia Gail Wooten. On the back wall is a collection of photographs made by our late beloved member Bill Berry. They were taken on a family vacation to Canada.

REQUEST FOR HAIKU

The Art on the Walls committee invites anyone with literary inclination to identify one of the scrolls currently on our wall and write a haiku to accompany it. Haiku is poetry following a Japanese form having three unrhymed lines consisting of 17 syllables. Typically, haikus use highly evocative allusions or comparisons. The most common topic is nature or seasons, but almost any topic could be used. The format is simple:

There are three lines. The first line contains 5 syllables. The second line contains 7 syllables. And the third line contains 5 syllables.

Here is an example:

A blanket of night
Comforting, quiet darkness
Wrapping me for sleep

~Wendy Sapp

Show us your creativity and skill! Please title your haiku to match the subjects on the scrolls: Bird, Pagoda, Pine Tree, Bamboo, Thistle, Orchid and Siamese cat; and send your email to Carol Hobbs, Art on the Walls chair, or Wendy Sapp, *the nUUsletter* editor. Selected haiku will be displayed next to the scrolls and published in *the nUUsletter*.

POETRY CORNER

OAKMOSS BROOMS

There's no such thing
as collie blossom,
oakmoss brooms
or timber suds,

a tadpole with
a hairy belly,
frogs with beards,
mustache buds.

I've never seen
a hummingbird
with horn rims
and a rubber nose,

a sloth won't suffer
Stetson hats
or silver rings
around his toes.

And if you tell me lizards
tuck you in to bed most nights,
I'd guess they shout out
"Oakmoss Brooms!"
before they dim the lights!

~ Nancy Beel

July 2010

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 2010

September 2010

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30a Forum 9:30a Pagan Group 11:00a Worship Service 11:00a RE</p>	<p>2</p>	<p>3</p> <p>5:00p Social Justice 7:00p Awareness Committee</p>	<p>4</p> <p>6:30p Wednesday Night In</p>	<p>5</p> <p>7:00p SGM</p>	<p>6</p>	<p>7</p> <p>6:00p Teen Party</p>
<p>8</p> <p>9:30a Forum 11:00a Worship Service 11:00a RE</p>	<p>9</p>	<p>10</p> <p>6:30p Finance Committee</p>	<p>11</p> <p>6:00p SGM 7:00p WOW Meeting</p>	<p>12</p>	<p>13</p>	<p>14</p> <p>10:30a CHIONS</p>
<p>15</p> <p>9:30a Forum 9:30a Choir Rehearal 11:00a Worship Service 11:00a RE</p>	<p>16</p>	<p>17</p> <p>7:00p Board Meeting</p>	<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>1:00p SGM</p>
<p>22</p> <p>9:30a Forum 9:30a Choir Rehearal 11:00a Worship Service 11:00a RE</p>	<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>9:30a Forum 9:30a Choir Rehearal 11:00a Worship Service 11:00a RE</p>	<p>30</p>	<p>31</p>				